AI-GUIDE ProCoach

A digital study and career coach for students

ProCoach is an optional tool within AI-GUIDE. It helps students reflect between guidance meetings, explore study or career questions, and prepare meaningful next steps. It supports — but never replaces — the conversation with a human coach.

USE PROCOACH IN THREE STEPS

01 SET GOALS
Define what you want to explore or achieve.

02 REFLECT
Use the questions to make sense of your progress.

03 PLAN AHEAD
Choose next steps and prepare the coach conversation.

WHAT EACH PERSON CONTRIBUTES

STUDENT	Brings experiences, questions and goals — and decides what is relevant to share.
PROCOACH	Asks questions, structures reflection and helps explore possible options.
HUMAN COACH	Adds context, challenges assumptions and turns reflection into responsible action.

OPEN PROCOACH

Ready to start your reflection?

OPEN PROCOACH

https://chatgpt.com/g/g-68a4da0ee944819183f869eb13ab5abc-pro-coach

SCAN TO OPEN

AI supports the guidance process. The student stays in control. The human coach remains responsible for guidance.